

Virginia Health Care Foundation: A Key Partner in Achieving Health Care for All Virginians

PRESENTATION TO JOINT COMMISSION ON HEALTH CARE
MAY 18, 2021



VIRGINIA
HEALTH CARE
FOUNDATION



VHCF = A Public/Private Partnership

Mission

Increase access to primary health care
for uninsured and medically underserved Virginians



Annual GF appropriation = \$4.5 million

Leverage = > \$11 in cash, health services and other in-kind contributions for every \$1 expended since inception



VHCF's Approach

- ▶ Venture philanthropy
- ▶ Innovative service delivery models
 - ▶ Results oriented
 - ▶ Cost effective
 - ▶ Sustainable
- ▶ Venture philanthropy
- ▶ Align with state priorities when possible
- ▶ Identify and address barriers to health access



Facets of Access to Health Care

Maximize
Health
Insurance
Coverage

Practices with
Free or
Affordable
Care

Sufficient
Number of
Providers
Throughout
State

Innovative
Service
Delivery
Models

Health Policy/
Systems
Development



Medicaid/FAMIS Outreach and Enrollment

- ▶ 123,000+ enrolled via VHCF Outreach Workers
- ▶ 4,200 trained about Medicaid Expansion via 100 SignUpNow trainings



**YOU
EARNED IT.
WHY NOT
USE IT?**



Learn how
health coverage
can help you.

Text COVER to
268782.

signupva.org

LAMAR

5205

South Boston
Business District

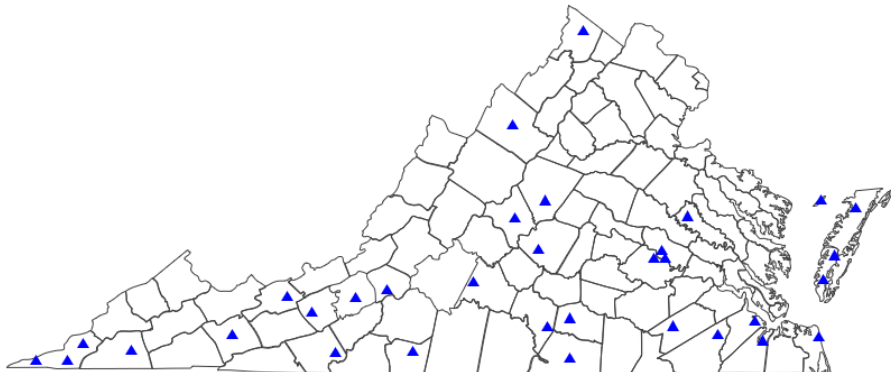


Virginia's Free Clinics and Community Health Centers

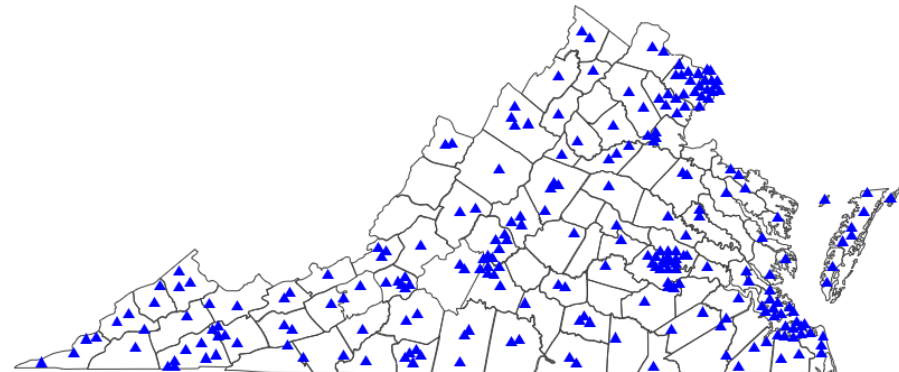
\$57 million invested in establishment, growth and expanding scope of services in Virginia's healthcare safety net

(includes \$16 million to establish 54 of Virginia's 100 dental safety net clinics)

Virginia's Free Clinics and Community Health Centers (1992)



Virginia's Free Clinics, Community Health Centers, and Other HSN Sites (2021)





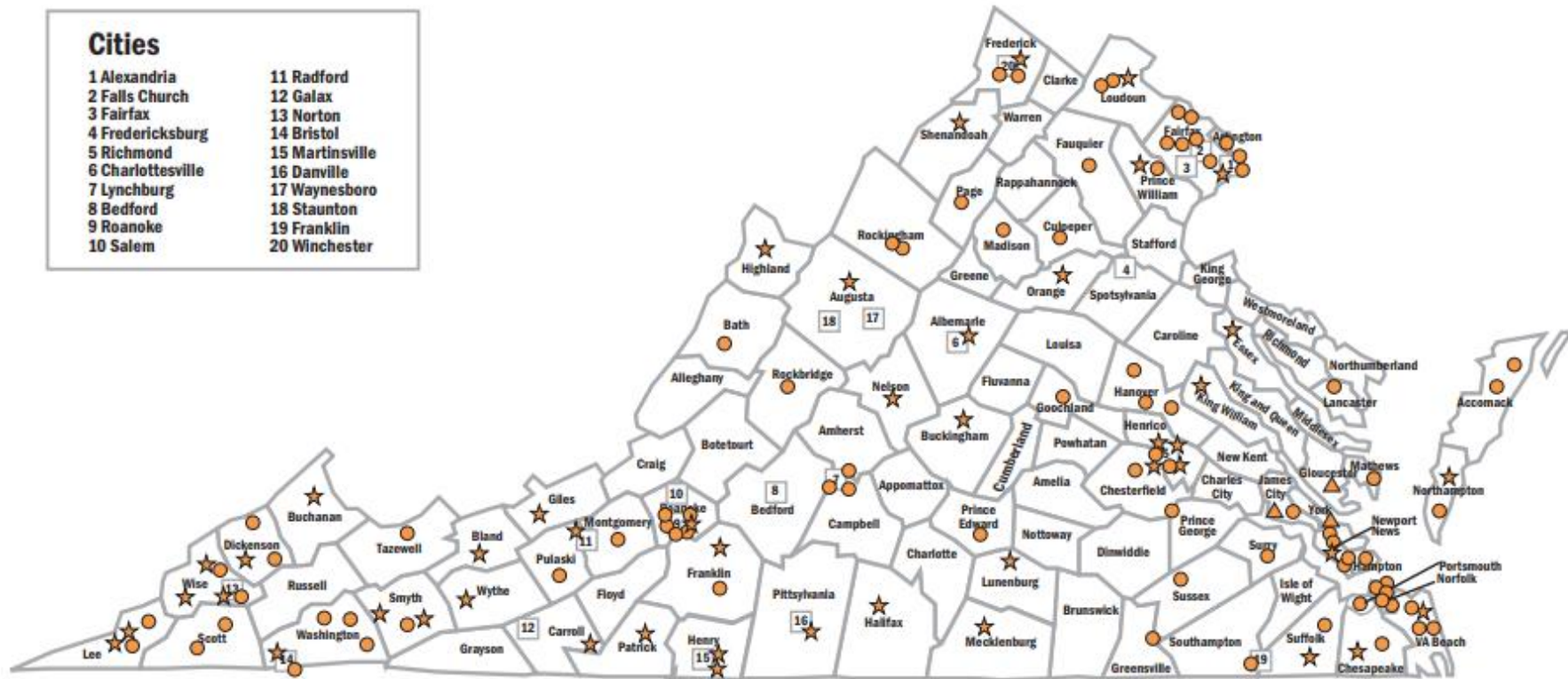
\$6.3 billion in free chronic disease
medicines for 351,000+ uninsured Virginians
via *The Pharmacy Connection*



The Pharmacy Connection in Virginia

Cities

- | | |
|-------------------|-----------------|
| 1 Alexandria | 11 Radford |
| 2 Falls Church | 12 Galax |
| 3 Fairfax | 13 Norton |
| 4 Fredericksburg | 14 Bristol |
| 5 Richmond | 15 Martinsville |
| 6 Charlottesville | 16 Danville |
| 7 Lynchburg | 17 Waynesboro |
| 8 Bedford | 18 Staunton |
| 9 Roanoke | 19 Franklin |
| 10 Salem | 20 Winchester |



Key:

● Organization Using TPC

TPC Organizations with VHC Funded Medication Assistance Caseworkers

▲ Greater Williamsburg Medication Assistance Program Site

★ RxRelief Virginia Site

May 2021

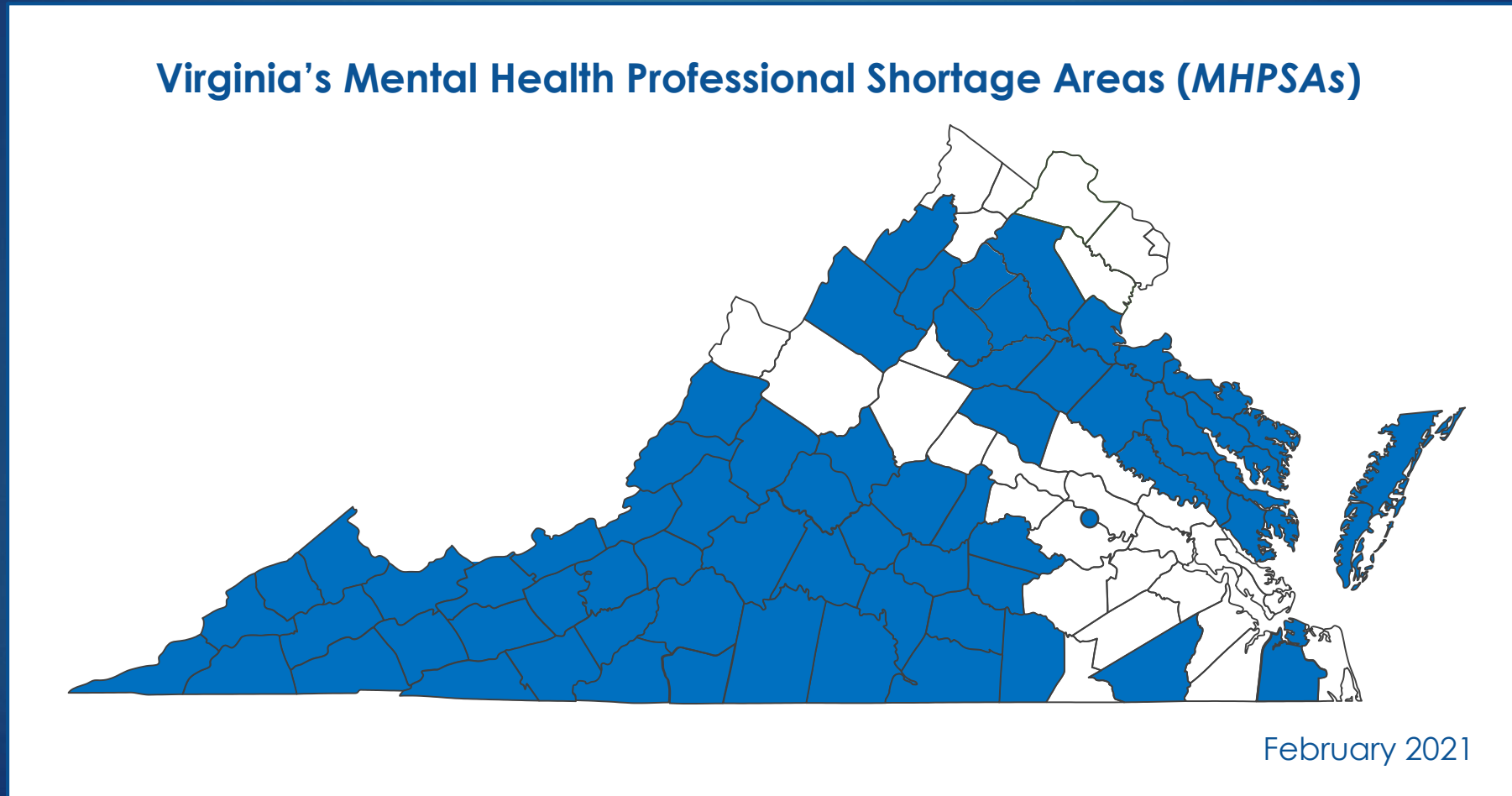


Addressing the Shortage and Maldistribution of Health Providers in Virginia

- ▶ 99% of VHCF health safety net **grants to hire providers for Medically Underserved Areas**
- ▶ **Healthy Communities Loan Fund** (10 years/\$9.6 million in low interest rate loans/65 doctors and dentists)
- ▶ **Virginia Health Careers** reference manual (10 yrs./10,000 copies/discs/online with Virginia Health Workforce Development Authority)
- ▶ **Loan repayment** funds for 2 years to help Virginia match federal dollars



2/3 of Virginia is a Mental Health Professional Shortage Area



VHCF Psychiatric NP Scholarship Program

FY20 NP Scholarship Program Graduates

- ▶ Only 217 Psych NPs licensed in Virginia
- ▶ 32 scholarships since 2015 (15 in past two years)
- ▶ 63% to people of color



People of Color Served by VHCF Programs

FY	Outreach & Enrollment Grants	Psych NP Scholarships	HSN & Special Initiative Grants	TPC & RxRelief Grants	Virginians of Color (2019) 40.4%
2020	69%	64%	52%	36%	Black: 19.9% Hispanic: 9.8% Asian: 6.9% 2+ races: 3.2% Other: .6%
2019	69%	71%	47%	34%	
2018	77%	50%	51%	34%	
2017	77%	0% (0 of 1)	43%	34%	
2016	74%	0% (0 of 1)	52%	34%	
2015	71%	33%	43%	34%	



VHCF Pandemic-Related Focus

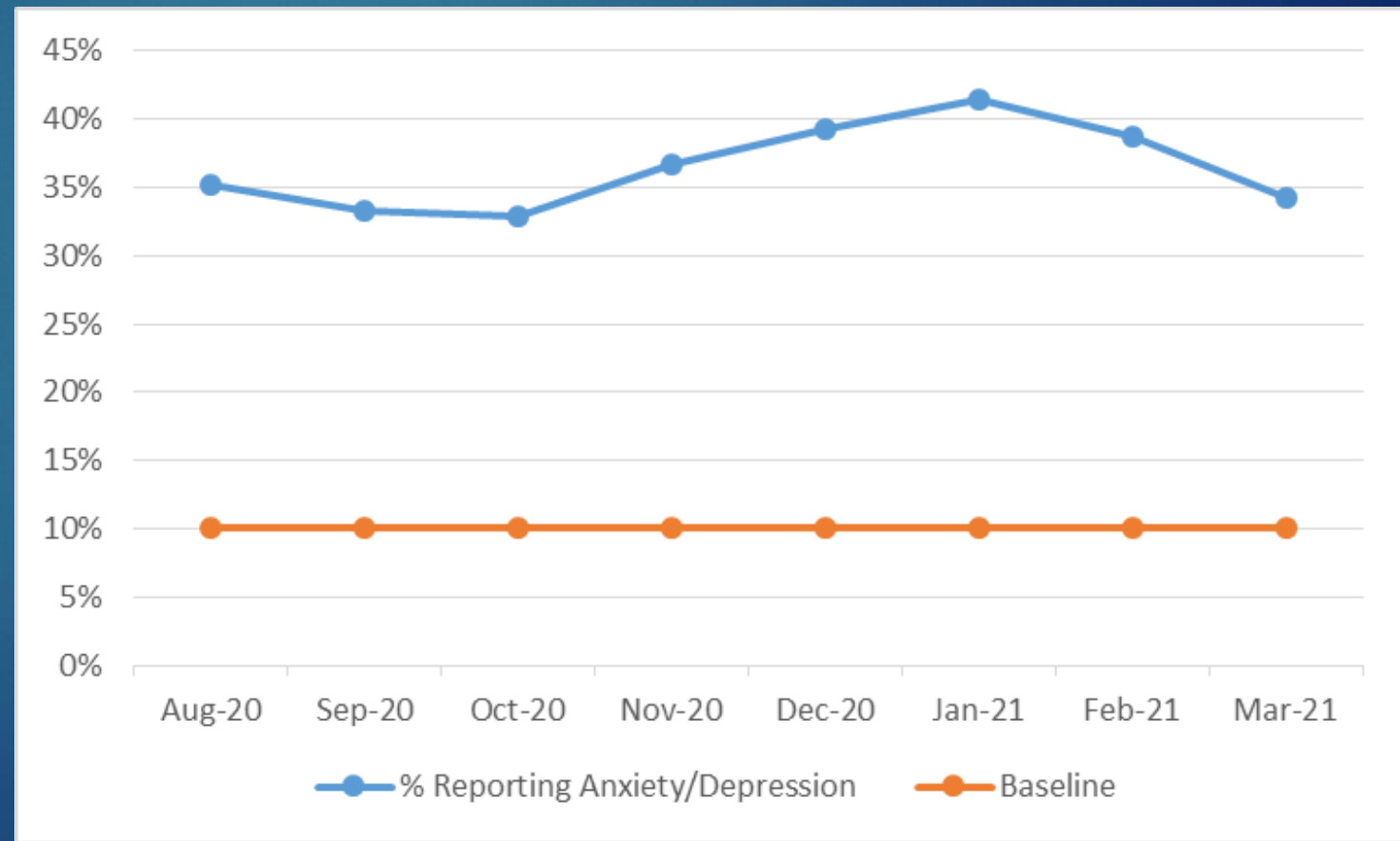
- ▶ Virtual Medicaid outreach and enrollment and virtual medication assistance for those newly unemployed due to COVID-19
- ▶ Telehealth grants
- ▶ *Conquering the Consequences of COVID-19 initiative*
- ▶ Creation of Behavioral Health Hub (*listserv and resource page on VHCF website—1000 participants*)
- ▶ Key partner to state in establishing Frontline Wellness Virginia website (*merged into VACOPES*)
- ▶ *ToothTalk* listserv to help dental safety net clinics navigate the quickly changing environment
- ▶ Comprehensive COVID-19 Resource Page on VHCF website



COVID-19 Pandemic Dramatically Increased Virginians' Anxiety/Depression

An average of **37% of Virginians** report symptoms of anxiety or depression during the COVID-19 pandemic

(3.7 times more than the same period in 2019)



VHCF Future Focus

- ▶ Focus additional effort on increasing access to basic mental health services in shortage areas and for underserved populations via multi-pronged approach
- ▶ Promote Medicaid adult dental benefit and help prepare Virginia's dental safety net for it
- ▶ Continue Medicaid outreach and enrollment and health safety net supports as long as these are needed and add value
- ▶ Provide information and support for access-related policy and systems changes
- ▶ Continue to identify and fund innovative service delivery models, e.g. tele-health, behavioral health integration, data-driven approaches to delivering care



Defeating the Deadly Double: Depression and Diabetes

Screen each diabetic for depression and treat depression → decreased blood sugar, weight and BMI

Results:

- ▶ 61% of patients reduced their level of depression
- ▶ 60% improved their hemoglobin A1C score
- ▶ 52% lost weight (2 tons) and lowered BMI





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