



DARS

VIRGINIA DEPARTMENT FOR AGING
AND REHABILITATIVE SERVICES

*Supporting Virginians' efforts
to secure independence and employment*



Joint Commission on Health Care

Commissioner Jim Rothrock
September 17, 2013



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Department of Rehabilitative Services



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Voc Rehab

- \$65m NGF / \$10 m GF
- 25,000 number served in typical year
- 4000 goal reaching job success in 14

WWRC

- \$21m NGF / \$6m GF
- 3000 served per year
- 74% rehab/success rate for those completing training

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DDS

- \$49m NGF / \$1.2m GF
- 97,500+-applications process per year
- 35% approved

CBS

- \$12m+ GF / \$1.83m NGF combined across 4 programs
- 15,000 Virginians with disabilities participating in CILs, Brain Injury, Personal Assistance Services, Case Management

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DRS Mission Statement

In partnership with people with disabilities and their families, the Virginia Department of Rehabilitative Services collaborates with the public and private sectors to provide and advocate for the highest quality services that empower individuals with disabilities to maximize their employment, independence, and full inclusion into society.

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Department for Aging and Rehabilitative Services



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All of components from DRS +

Aging

- \$38m NGF / \$17m GF
- 25 Area Agencies on Aging , No Wrong Door / ADRC Network / Guardianship
- 3,158,440 meals provided
- 539,569 trips provided

State Long-term Care Ombudsman

- \$1.15M NGF / \$372k GF / \$543k Local
- 32 Ombudsmen around the state (2 positions at DARS)
- 2300 investigations / 1583 closed / 15,375 consultations to individuals and nursing homes

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All of components from DRS +

Adult Services

- \$1.1m GF and 9 FTEs supporting APS, Auxiliary Grant and other Adult Services provided by the 120 local DSS Offices across the state
- 5770 recipients of the Auxiliary Grant—each receive on averages \$485 per month

DARS Total Budget: \$195m NGF / \$52m GF \$247m

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DARS Mission Statement

The Department for Aging and Rehabilitative Services, in collaboration with community partners, provides and advocates for resources and services to improve the employment, quality of life, security, and independence of older Virginians, Virginians with disabilities, and their families.

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Some responses from recipients:

- “It's been over 20 years since I have taken a fun trip on my own. It doesn't seem real...I'm tearing up as I write this. Thank you all very, very much!!”
- “Thank you so much, I so very, very badly need a break; he requires 24-hour care and I can't go shopping, Laundromat, or even take a bath much longer than I care to tell you. This is a Godsend.”
- “Thank you, this is awesome...This is the first vacation I have had in 21 years!”

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Some responses from recipients:

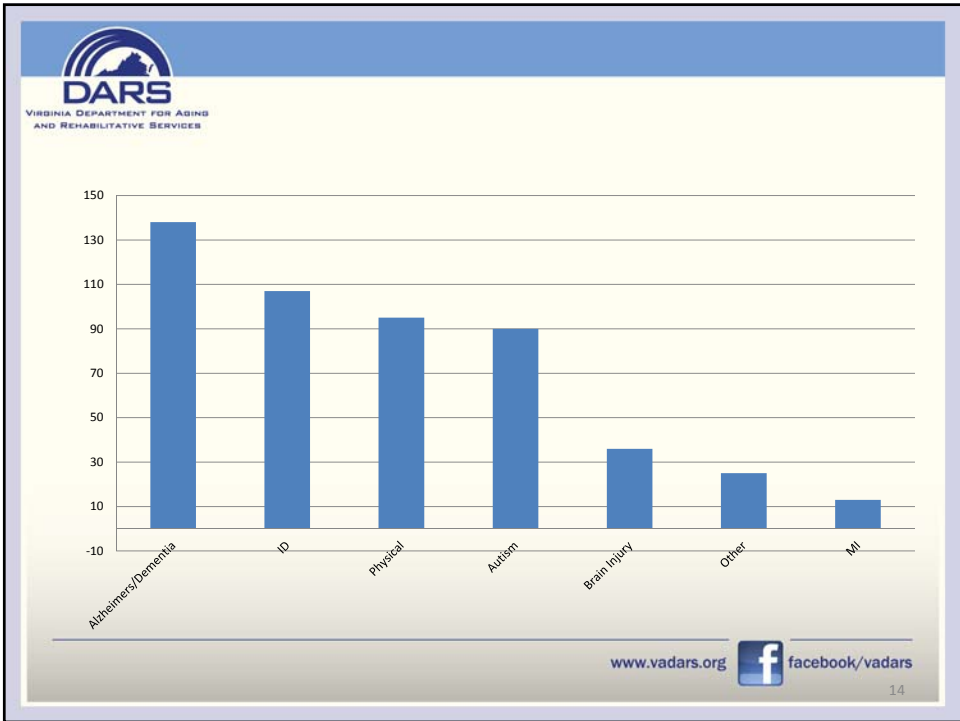
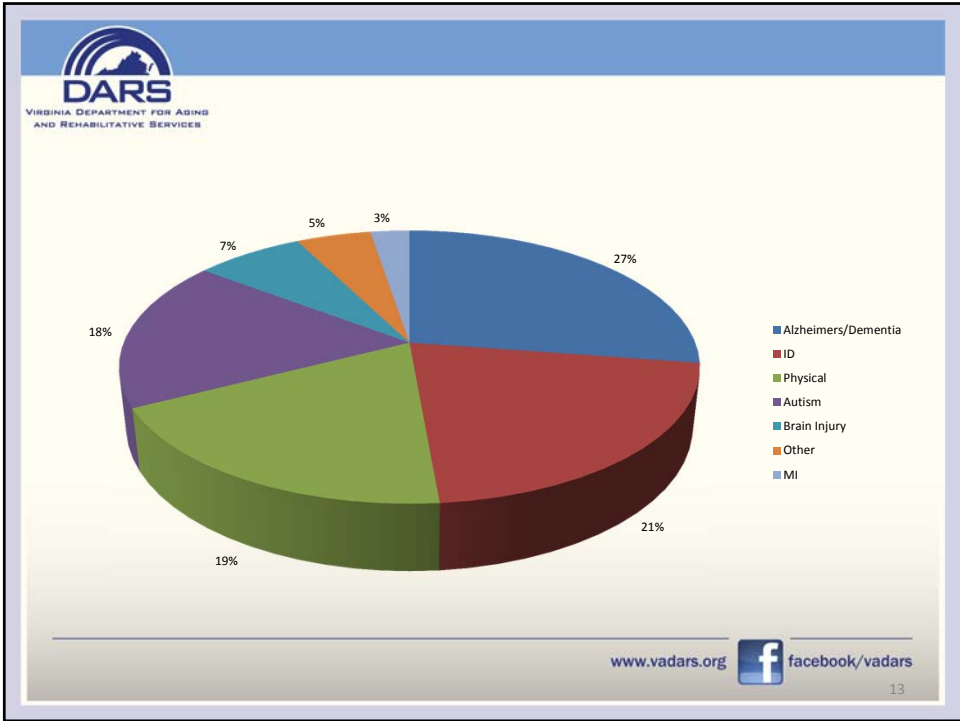
- “I can't tell you how much good it did for me to just submit the application and document my personal need for respite care. It will be so nice to take a few guilt-free days to spend with my family visiting colleges.”
- “Thank you so much for your consideration for me and my husband. I will cautiously and prayerfully use this opportunity.”

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Emerging Issues and Innovations at DARS

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Care Transitions

Several of our Triple As are engaged with their local health care systems to offer coaching to Virginians with chronic diseases (blood pressure, diabetes, COPD) to reduce readmissions. Early pilot results show in some cases a 50% reduction in hospital readmissions.

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Chronic Disease Self Management Education

A dozen of our partners offer a 6 week course for Vintage Virginians and Virginians with disabilities on how best to manage chronic health issues. More than 4000 have participated and early results show the potential to limit hospitalizations by keeping people healthy.

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Guardianship

As our society ages, more adults become incapacitated and benefit from court appointed public guardians. DARS in concert with DBHDS serve 601 individuals and our wait list is at 540 known citizens in need and more than 1000 projected to benefit from this. As DOJ transition advances, this may be a critical link to success.

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Auxiliary Grant

We are answering preliminary questions posed by the Office of Civil Rights / Department of Health & Human Services regarding the alleged unlawful discriminatory based on disability within the program.

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